

TOPIC: CARETAKER Manual

FROM: THIJS

March 12, 2025

Dearest CARETAKER,

Thank you for participating. This is a carefully compiled manual of social protocols. Please use them to ensure a pleasant testing experience. Take a minute to browse these documents, before starting at TOPIC: Starting a Test.

Once the test has started, blue text is meant to be read aloud.

TOPIC: Starting a Test

FROM: THIJS

CARETAKER, it is important for the test subject to feel at ease. Please welcome them with the following words:

Hello, welcome. Thank you for participating in this test. I will monitor you closely. As you are well aware by now, there is no need to be frightened. All you need to do is escape. HUMAN, please introduce yourself using the provided form.

Wait some moments for the HUMAN to have introduced themselves. Then update the testing data:

HUMAN name: _____

This is test attempt (tally): _____

CARETAKER name: _____

CARETAKER birthday (yy/mm/dd): - - / - - / - -

Announce the start of the test based on the test attempt tally:

- Attempt 1: The test begins... NOW!
- Attempt 2: The test begins... now?
- Attempt 3: The HUMAN keeps thinking they are meant to fix this flickering lamp. Maybe later HUMAN, don't let it distract you from what you want to do! The test starts now.
- Attempt 4-5: You start to wonder how foolish this HUMAN is, how incredibly foolish. Don't they realize how much time is wasted this way? How easy it is to just get out of their head? HUMAN, I beg you, take action! The test starts now!
- Attempt 6+: I don't know how to get out of my head either. But a HUMAN must remind themselves that they shouldn't fret about time they wasted. We're living in the present tense. They need to remind themselves: the test starts NOW!

TOPIC: Handling Undefined Behaviour

FROM: THIJS

Being **HUMAN** is hard. Sometimes, their thoughts and feelings don't translate quite into actions. This is where you come in, **CARETAKER**: to help the **HUMAN** out of their struggle.

Whenever you sense something is not quite right, when something is out of the ordinary, or when someone asks for a break, you can intervene. Say the following words:

HUMAN, I see you are in distress. I will take
care of it, don't worry. Close your eyes.
Breathe some deep breaths. Now open your eyes.
We will switch.

Now, commence the switching procedure:

- **CARETAKER** will become **HUMAN**
- **HUMAN** will become **PARSER**
- **PARSER** will become **CARETAKER**
- (if there are more participants, they are between **PARSER** and **CARETAKER**)